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## **Exploring Text-Based Instruction**

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بسم الله الرّحمن الرّحيم

﴿ وَمِنْ آَيَاتِمِ خَلْقُ السَّمَاوَاتِ وَالْأَرْضِ وَاخْتَلَافُ ٱلْسَنِتِكُمْ وَٱلْوَانِكُمْ إِنَّ فِي ذَلِكَ لَآيَاتٍ لِّلْعَالِمِينَ﴾

صدق الله العليّ العظيم

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### Dedication

This research paper is dedicated with deep love and gratitude to our beloved parents. Their boundless love, steadfast support, and sincere prayers have been our greatest source of strength and inspiration. Through every challenge and triumph, their sacrifices and encouragement have lit our path. We are forever thankful for their unwavering presence in our lives.

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#### Abstract

This research paper examines Text-Based Instruction (TBI), a learner-centered approach that utilizes authentic texts to foster communicative competence in language education. Unlike traditional methods focused on isolated grammar and vocabulary exercises, TBI emphasizes contextualized language acquisition through engagement with real-world texts, such as articles and narratives. The study explores TBI's theoretical foundations, rooted in systemic functional linguistics (SFL) and socio-cultural theory, which view language as a socially constructed tool for meaning-making. It also draws on constructivist learning theories, highlighting how active text interaction and scaffolding promote linguistic proficiency and autonomy.

The paper is structured in two chapters: Chapter One analyzes TBI as a flexible pedagogical framework, emphasizing its alignment with communicative and taskbased learning, and its reliance on Vygotsky's Zone of Proximal Development for collaborative learning. Chapter Two investigates TBI's practical implementation, detailing its objectives, syllabus design, learner and teacher roles, and procedural steps, which prioritize critical thinking, linguistic awareness, and socio-cultural relevance. Findings suggest that TBI's emphasis on authentic texts and collaborative tasks equips learners to navigate diverse communicative contexts effectively, fostering critical analytical skills and self-regulated learning. By synthesizing theoretical and empirical insights, this research underscores TBI's potential to transform language education, offering a versatile framework adaptable to varied learner needs and educational settings. The study contributes to the discourse on innovative language teaching methodologies, advocating for TBI's integration into modern pedagogical practices to enhance learner outcomes in diverse linguistic environments.

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#### Introduction

Text-Based Instruction (TBI) represents a transformative approach to language education, prioritizing authentic texts to foster communicative competence in diverse linguistic contexts. Unlike traditional methodologies that emphasize isolated grammar exercises or vocabulary drills, TBI leverages real-world texts—such as articles, essays, and narratives—to facilitate contextualized language acquisition (Hedge, 2008). This research paper investigates TBI's theoretical underpinnings and practical applications, highlighting its efficacy in promoting linguistic proficiency, critical thinking, and learner autonomy through meaningful text engagement (Grabe, 2009).

The study is structured across two chapters. Chapter One examines TBI as a flexible pedagogical framework, grounded in systemic functional linguistics (SFL) and socio-cultural theory, which conceptualize language as a socially constructed tool for meaning-making (Halliday, 1978; Vygotsky, 1978). It explores how constructivist principles, including scaffolding and active knowledge construction, underpin TBI's ability to foster self-regulated learning (Piaget, 1970). Chapter Two analyzes TBI's implementation in the language classroom, detailing its objectives, syllabus design, learner and teacher roles, and procedural steps. It underscores TBI's alignment with communicative and task-based learning, emphasizing its role in cultivating linguistic awareness and collaborative learning through scaffolded text analysis (Anderson, 2019; Swain & Lapkin, 2002).

By synthesizing theoretical insights and empirical applications, this paper argues that TBI offers a robust framework for language education, equipping learners to navigate varied socio-cultural contexts effectively (Richards & Rodgers, 2001). The research aims to contribute to the discourse on innovative language teaching methodologies, highlighting TBI's potential to reshape pedagogical practices in diverse educational settings.

## **Chapter One**

### What is Text-Based Instruction?

### **1.1 Introductory Remarks**

This chapter explores Text-Based Instruction (TBI) as a dynamic approach to language learning, emphasizing the centrality of authentic texts in fostering communicative competence. It delves into the theoretical foundations of TBI, rooted in systemic functional linguistics and socio-cultural theory, which view language as a socially constructed tool for meaning-making. Additionally, the chapter examines constructivist and socio-cultural learning theories that underpin TBI, highlighting how active engagement and collaboration drive linguistic proficiency and critical thinking.

### **1.2 Text-Based Instruction as an Approach**

TBI is a flexible approach to foreign language instruction that prioritizes written texts as the core of language development. Unlike rigid methodologies, TBI adapts to diverse educational contexts, learner needs, and linguistic goals, making it highly versatile (Swain & Lapkin, 2002). Its core premise is that language is most effectively learned through exposure to authentic, real-world texts, which serve as sources of both linguistic input and content for learning. This approach fosters communicative competence by integrating dynamic reading and writing activities that engage learners actively (Hedge, 2008)

In TBI, learners do not merely read texts but reflect, analyze, and respond to them, synthesizing information to produce coherent written work (Grabe, 2009). This

active engagement enhances both receptive and productive skills, crucial for effective communication. For instance, students might analyze a news article, deduce vocabulary and grammar from context, and write a response, thereby developing critical thinking and linguistic awareness (Anderson, 2019). By noticing language patterns within texts—such as vocabulary embedded in sentences or discourse structures—learners gain a deeper understanding of language use (Miller, 2012).

TBI aligns with the communicative approach and task-based learning, viewing language as a tool for meaning-making within socio-cultural contexts (Richards & Rodgers, 2001). It draws on systemic functional linguistics (SFL), which posits that language serves specific communicative purposes, such as persuading or informing (Halliday, 1978). Learners analyze how linguistic choices achieve these purposes, enriching their ability to use language effectively across genres. Vygotsky's (1978) socio-cultural theory further supports TBI, emphasizing collaborative interaction in language acquisition. Through discussions and text analysis, learners construct meaning with peers or instructors, operating within Vygotsky's Zone of Proximal Development (ZPD) to bridge current abilities and potential (Vygotsky, 1978).

Constructivist learning theories also underpin TBI, suggesting that knowledge is built through active engagement with the environment (Piaget, 1970). In TBI, this engagement occurs as learners interact with texts, draw inferences, and apply knowledge to new contexts. Scaffolding, a key constructivist strategy, plays a vital role, with teachers providing temporary support—such as guided discussions or structured writing tasks—that is gradually withdrawn to promote autonomy (Wood et al., 1976). This fosters self-regulated learning, empowering students to take ownership of their progress.

#### **1.3 Theory of Language**

TBI is underpinned by a social functional view of language, which posits that language is not merely an abstract system of rules but a dynamic tool for communication, shaped by social interaction and context (Halliday, 1978). This perspective, rooted in systemic functional linguistics (SFL), emphasizes that language serves specific communicative purposes, such as informing, persuading, or entertaining. In TBI, learners engage with authentic texts to analyze how linguistic choices fulfill these functions, fostering a deeper understanding of language as a social practice (Richards & Rodgers, 2001).

SFL, as articulated by Halliday (1978), provides a framework for understanding how texts operate within varied social contexts. Texts are not just linguistic artifacts but vehicles for social action, with each genre—whether a narrative, report, or argument—structured to achieve distinct purposes. In TBI, learners explore how vocabulary, grammar, and discourse structures align with these purposes. For example, analyzing a persuasive essay reveals how modal verbs and rhetorical devices enhance its impact, enabling learners to replicate such strategies in their own writing (Grabe, 2009). This approach ensures that language learning is grounded in real-world applications, moving beyond rote memorization to practical use.

Vygotsky's (1978) socio-cultural theory further enriches TBI's theory of language, highlighting the role of social interaction in language acquisition. Vygotsky argued that language development occurs through collaborative engagement with more knowledgeable others, such as peers or instructors, within a socio-cultural context. In TBI, this interaction manifests as learners discuss, analyze, and respond to texts, constructing meaning collaboratively. For instance, group discussions about a

text's themes or linguistic features allow learners to negotiate meaning, internalizing language patterns through dialogue (Swain & Lapkin, 2002). This process aligns with Vygotsky's concept of the Zone of Proximal Development (ZPD), where learners achieve more with guidance than they could independently.

TBI also emphasizes the contextual embeddedness of language, viewing texts as reflections of cultural and social norms. Learners are encouraged to explore how language varies across genres and contexts, enhancing their ability to adapt their communication to different audiences and purposes (Anderson, 2019). For example, comparing a formal report with a casual blog post reveals how tone and structure shift to suit specific communicative needs. This focus on context fosters linguistic awareness, as learners notice how language functions naturally within texts (Miller, 2012).

By integrating SFL and socio-cultural theory, TBI positions language as a socially constructed tool, learned through active engagement with texts. Learners develop communicative competence by analyzing and producing texts that reflect real-world language use, guided by collaborative interactions and contextual analysis. This approach not only enhances linguistic proficiency but also equips learners to navigate diverse social and cultural settings effectively.

#### **1.4 Theory of Learning**

TBI is grounded in constructivist and socio-cultural learning theories, emphasizing active engagement and collaboration. Constructivism, as outlined by Piaget (1970), posits that learning occurs when individuals interact with their environment, building new knowledge based on prior understanding. In TBI, this manifests as learners actively engage with authentic texts, making sense of content, drawing

inferences, and applying knowledge to new contexts. For example, analyzing a narrative text encourages learners to interpret themes and linguistic patterns, fostering critical thinking and deeper comprehension (Grabe, 2009).

Scaffolding, a key constructivist principle, is integral to TBI. Teachers provide temporary support—such as guided questions or structured writing tasks—to help learners navigate complex texts, gradually withdrawing assistance as learners gain independence (Wood et al., 1976). This promotes autonomous learning, enabling students to regulate their progress and tackle increasingly challenging materials.

Vygotsky's (1978) socio-cultural theory further informs TBI, particularly through the concept of the Zone of Proximal Development (ZPD). The ZPD represents the gap between what learners can achieve independently and what they can accomplish with guidance. In TBI, collaborative activities like peer discussions or teacher-led text analyses operate within the ZPD, allowing learners to internalize language patterns and meanings through social interaction (Swain & Lapkin, 2002). For instance, group analysis of a text's discourse structure helps learners notice linguistic features contextually, enhancing communicative competence.

By integrating constructivism and socio-cultural theory, TBI creates a dynamic learning environment where learners construct knowledge through text-based interaction and collaboration. This approach fosters linguistic proficiency, critical thinking, and self-regulated learning, equipping students for real-world language use.

### **Chapter Two**

### **Text-Based Instruction in the Language Classroom**

### **2.1 Introductory Remarks**

This chapter examines Text-Based Instruction (TBI) as a learner-centered approach that leverages authentic texts to develop communicative competence in the language classroom. It outlines the objectives, syllabus design, learner and teacher roles, and procedural steps of TBI, emphasizing its focus on critical thinking, linguistic awareness, and socio-cultural learning. Grounded in constructivist and socio-cultural theories, the chapter highlights how TBI fosters autonomous and collaborative language proficiency through meaningful text engagement.

### **2.2 Objectives**

TBI aims to develop communicative competence by engaging learners with authentic texts in meaningful contexts. Its primary objective is to foster linguistic proficiency through the integration of reading, writing, and critical analysis, enabling learners to use language effectively across diverse socio-cultural settings (Hedge, 2008). By exposing students to real-world texts, such as articles, essays, or narratives, TBI helps them internalize vocabulary, grammar, and discourse structures naturally, enhancing both receptive and productive skills (Grabe, 2009).

Another key objective is to promote critical thinking and analytical skills. TBI encourages learners to move beyond surface-level comprehension, engaging deeply with texts to interpret meanings, evaluate arguments, and synthesize information (Miller, 2012). For instance, analyzing the rhetorical strategies in a

persuasive text sharpens learners' ability to assess and construct arguments, fostering intellectual engagement with language.

TBI also seeks to cultivate linguistic awareness by encouraging learners to notice language patterns within texts. This focus on contextualized language use—such as how vocabulary functions in specific sentences or how discourse markers shape coherence—helps students develop a nuanced understanding of language structures (Anderson, 2019). Such awareness enhances their ability to adapt language to various communicative purposes, from informing to persuading.

Furthermore, TBI aims to foster autonomous and collaborative learning. Through scaffolded tasks and peer discussions, learners operate within Vygotsky's Zone of Proximal Development, building confidence and independence in language use (Vygotsky, 1978). This collaborative approach, aligned with socio-cultural theory, ensures that learners construct meaning collectively, preparing them for real-world communication (Swain & Lapkin, 2002). Ultimately, TBI equips learners with the skills to navigate diverse linguistic and cultural contexts effectively.

### 2.3 Syllabus

A syllabus in TBI is designed to prioritize authentic texts as the foundation for language learning, aligning with the approach's focus on communicative competence and contextualized language use. Unlike traditional syllabi centered on grammar rules or vocabulary lists, a TBI syllabus organizes learning around diverse text types—such as narratives, reports, or persuasive essays—that reflect real-world language use (Hedge, 2008). These texts serve as both linguistic input and content, enabling learners to develop receptive and productive skills through meaningful engagement (Grabe, 2009).

The TBI syllabus is inherently flexible, adapting to learners' needs, proficiency levels, and cultural contexts. It incorporates a variety of genres to expose students to different discourse structures, vocabulary, and socio-cultural norms, fostering linguistic awareness and critical thinking (Anderson, 2019). For example, a unit might focus on analyzing news articles to teach argumentative structures, followed by tasks where learners write their own opinion pieces, synthesizing skills in reading, analysis, and production (Miller, 2012).

Tasks in a TBI syllabus are scaffolded to support learners within Vygotsky's Zone of Proximal Development, progressing from guided activities, such as teacher-led discussions, to independent tasks like composing original texts (Vygotsky, 1978). Collaborative activities, such as peer reviews or group text analyses, are integral, promoting socio-cultural learning and meaning construction (Swain & Lapkin, 2002). Assessment is typically performance-based, evaluating learners' ability to interpret texts, notice linguistic patterns, and produce coherent written or oral responses.

By centering on authentic texts and task-based learning, the TBI syllabus ensures that language instruction is relevant and engaging, preparing learners for realworld communication across diverse contexts while fostering autonomy and analytical skills.

#### **2.4 Learner Roles**

In Text-Based Instruction (TBI), learners assume active, collaborative, and reflective roles, diverging from passive roles in traditional language instruction. Rather than merely receiving information, learners engage dynamically with authentic texts, acting as analysts, interpreters, and creators of meaning (Grabe,

2009). This active participation aligns with constructivist principles, where learners construct knowledge through interaction with texts and their environment (Piaget, 1970).

A primary role is that of a text analyst, where learners critically examine texts to identify linguistic patterns, such as vocabulary use, grammar, or discourse structures, fostering linguistic awareness (Anderson, 2019). For example, analyzing a persuasive article, learners notice rhetorical devices and their communicative purposes, applying these insights to their own writing. This role enhances critical thinking, as learners evaluate content and structure beyond surface-level comprehension (Miller, 2012).

Learners also act as collaborative participants, engaging in discussions and group tasks that promote socio-cultural learning. Within Vygotsky's Zone of Proximal Development, they interact with peers and instructors to negotiate meaning, internalizing language through dialogue (Vygotsky, 1978). For instance, group analysis of a narrative text encourages learners to share interpretations, refining their understanding collaboratively (Swain & Lapkin, 2002).

Additionally, learners take on the role of autonomous producers, synthesizing information from texts to create original written or oral responses. Scaffolded tasks, such as writing summaries or opinion pieces, empower learners to apply linguistic and analytical skills independently, fostering self-regulated learning (Hedge, 2008).

### **2.5 Teacher Roles**

In Text-Based Instruction (TBI), teachers assume multifaceted roles as facilitators, scaffolders, and collaborators, fostering an environment where learners actively

engage with authentic texts. Unlike traditional instruction where teachers primarily deliver content, TBI teachers guide learners to construct meaning through text analysis and interaction, aligning with constructivist and socio-cultural learning theories (Grabe, 2009).

A key role is that of a facilitator, curating authentic texts—such as articles, essays, or narratives—that suit learners' proficiency levels and cultural contexts. Teachers design tasks that encourage critical engagement, such as analyzing discourse structures or debating a text's themes, promoting linguistic awareness and communicative competence (Anderson, 2019). For instance, a teacher might select a persuasive text and guide learners to identify rhetorical strategies, fostering critical thinking (Miller, 2012).

As scaffolders, teachers provide temporary support to help learners navigate complex texts within Vygotsky's Zone of Proximal Development (Vygotsky, 1978). This involves offering guided questions, vocabulary clarifications, or structured writing prompts, gradually withdrawing assistance as learners gain independence (Wood et al., 1976). For example, a teacher might model how to summarize a text before assigning independent summary tasks, encouraging autonomy.

Teachers also act as collaborators, participating in discussions and group activities to model language use and stimulate dialogue. By engaging with learners in text analysis, they create a socio-cultural learning environment where meaning is co-constructed through interaction (Swain & Lapkin, 2002). This role ensures learners feel supported while developing skills to analyze and produce language independently.

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Ultimately, TBI teachers empower learners to become active, reflective language users, equipping them to navigate diverse communicative contexts with confidence and proficiency (Hedge, 2008).

#### **2.6 Procedure**

The procedure in Text-Based Instruction (TBI) follows a structured yet flexible sequence to engage learners with authentic texts, fostering communicative competence. It typically begins with pre-reading activities, where teachers introduce a text—such as a news article or narrative—through contextualization, activating prior knowledge or teaching key vocabulary to prepare learners for comprehension (Hedge, 2008). This stage sets the foundation for meaningful interaction.

Next, the reading and analysis phase involves learners actively engaging with the text. They read to identify main ideas, analyze linguistic features like discourse structures or rhetorical devices, and discuss content collaboratively, promoting critical thinking and linguistic awareness (Grabe, 2009). Teachers scaffold this process with guided questions or group tasks, operating within Vygotsky's Zone of Proximal Development (Vygotsky, 1978).

The final stage, production, requires learners to apply their understanding by creating written or oral responses, such as summaries, opinion pieces, or presentations. These tasks encourage synthesis of linguistic and analytical skills, fostering autonomy (Anderson, 2019). Throughout, teachers provide feedback, gradually reducing support to promote self-regulated learning. This cyclical procedure ensures learners develop proficiency through contextualized, interactive, and productive engagement with texts (Swain & Lapkin, 2002).

### Conclusions

The study eventuates with the following conclusions:

1. TBI fosters communicative competence by integrating reading, writing, and critical analysis, enabling learners to internalize language patterns through authentic texts.

2. TBI is rooted in systemic functional linguistics and socio-cultural theory, positioning language as a socially constructed tool for meaning-making, learned through collaborative and contextual engagement.

3. Aligned with constructivist principles, TBI promotes active knowledge construction, where learners engage with texts to draw inferences and apply knowledge, supported by scaffolding for autonomy.

4. The TBI syllabus prioritizes diverse text types, adapting to learners' needs and cultural contexts, ensuring relevant and engaging instruction that fosters linguistic awareness and critical thinking.

5. Learners act as analysts, collaborators, and autonomous producers, engaging dynamically with texts to develop critical thinking, linguistic proficiency, and self-regulated learning skills.

6. Teachers serve as facilitators, scaffolders, and collaborators, curating texts and guiding learners within the Zone of Proximal Development to promote independent and collaborative learning.

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7. TBI follows a cyclical procedure of pre-reading, analysis, and production, ensuring learners develop proficiency through scaffolded, interactive, and productive text engagement.

8. By focusing on authentic texts and socio-cultural contexts, TBI equips learners with the skills to navigate diverse communicative settings effectively, enhancing practical language use.

9. TBI encourages deep text analysis, enabling learners to evaluate arguments and synthesize information, fostering intellectual engagement and analytical skills.

10. Through peer discussions and group tasks, TBI creates a socio-cultural learning environment that supports meaning construction and communicative competence.

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