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College of Basic Education
Department of English



The Natural Approach to Language Acquisition

By

Mohammed Jaloob Latif Fatima Hussein Sfaih

Supervised By:

Asst. Prof. Mohammed Taher, PHD

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Dedication

"We dedicate this work to our esteemed Asst. Prof. Mohammed Taher and to our beloved University of Misan - College of Basic Education, Department of English. We also dedicate it to our dear parents and colleagues who supported us throughout our academic journey."

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"All praise be to Allah, Lord of the Worlds, who blessed us to complete this research. Peace and blessings be upon our Prophet Muhammad, his family.

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Chapter one

1.1 What is the Natural Approach

The natural approach is a method of language teaching developed by Stephen Krashen and Tracy Terrell in the late 1970s and early 1980s. The Natural Approach has been used in ESL classes as well as foreign language classes for people of all ages and in various educational settings, from primary schools to universities. It aims to foster naturalistic language acquisition in the classroom setting by emphasizing communication and limiting conscious grammar study and explicit correction of student errors. Efforts are also made to make the learning environment as stress-free as possible, by lowering the affective filter (Dhority,1991,43).

In the natural approach, language output is not forced, but allowed to emerge spontaneously after students have attended to large amounts of comprehensible language input. Comprehensible input is the content that language learners are exposed to in the target language. Krashen suggests that language learners should be able to understand the comprehensible input provided at their current levels of language acquisition, while also making it as interesting and engaging as possible (Hall,2011,54).

The natural approach was originally created in 1977 by Terrell, a Spanish teacher in California, who wished to develop a style of teaching based on the findings of naturalistic studies of second-language acquisition. After the original formulation, Terrell worked with Krashen to further develop the theoretical aspects of the method. Terrell and Krashen published the results of their collaboration in the 1983 book The Natural Approach (Markee,1997,61).

The natural approach was strikingly different from the mainstream approach in the United States in the 1970s and early 1980s, the audio-lingual method. While the audio-lingual method prized drilling and error correction, these things disappeared almost entirely from the natural approach. Terrell and Krashen themselves characterized the natural approach as a "traditional" method[6] and contrasted it with grammar-based approaches, which they characterized as new inventions that had "misled" teachers (Ohmaye,1998,29).

The natural approach shares many features with the direct method (itself also known as the "natural method"), which was formulated around 1900 and was also a reaction to grammar-translation. Both the natural approach and the direct method are based on the idea of enabling naturalistic language acquisition in the language classroom; they differ in that the natural approach puts less emphasis on practice and more on exposure to language input and on reducing learners' anxiety (Richards, 2001, 91).

1.2 Understanding the Natural Approach

The Natural Approach is a language teaching method that was proposed by Stephen Krashen and Tracy Terrell in 1983. It is based on the idea that language acquisition occurs naturally when learners are exposed to comprehensible input, which is language that is slightly above the learners' current level of proficiency. The Natural Approach is grounded in the theory of second language acquisition that emphasizes the importance of meaningful communication, low-anxiety environments, and opportunities for interaction in the target language (Krashen, 1983, 24).

The Natural Approach is the idea of "comprehensible input." This means that learners should be exposed to language that is just beyond their current level of understanding, so that they are constantly being challenged and pushed to improve. According to Krashen, this kind of input is essential for language acquisition to occur, as learners need to be exposed to new vocabulary and grammatical structures in order to internalize them (Terrell,1982,39).

Another important aspect of the Natural Approach is the idea of "acquisition" versus "learning." Krashen makes a distinction between these two terms, arguing that acquisition is the unconscious process of internalizing a language, while learning is the conscious process of studying and memorizing language rules. According to Krashen, acquisition is the more natural and effective way of becoming proficient in a language, as it allows learners to develop a deep, intuitive understanding the without the need for language explicit instruction (Lightbown, 2006, 71).

In the Natural Approach, language learning is seen as a gradual and incremental process that takes place over time. Learners are encouraged to engage in activities that are meaningful and relevant to their lives, such as conversations, storytelling, and role-plays. By providing learners with opportunities to use the language in authentic contexts, teachers can help them develop their communicative skills and build their confidence in using the language. The Natural Approach also emphasizes the importance of creating a low-anxiety environment for language learning. Krashen argues that anxiety can be a major barrier to language acquisition, as it can

inhibit learners' ability to take risks and make mistakes. In order to foster a supportive and positive learning environment, teachers should be patient, encouraging, and empathetic, and should provide plenty of opportunities for learners to practice and experiment with the language without fear of judgment or criticism (Long, 1996, 54).

One of the criticisms of the Natural Approach is that it places too much emphasis on acquisition and not enough on explicit instruction. Some experts argue that explicit grammar instruction is necessary for learners to develop a solid understanding of the rules and structures of a language. However, proponents of the Natural Approach argue that explicit instruction should be used sparingly and should be integrated into meaningful, communicative activities, rather than being the focus of instruction (Larsen, 2011, 87).

1.3 Language through Understanding

Language is a fundamental tool that shapes the way we communicate and understand the world around us. It is through language that we are able to express our thoughts, emotions, and ideas to others, and it plays a crucial role in how we interact with one another. The ability to understand and communicate in a particular language is not only essential for daily interactions, but it also serves as a gateway to culture, identity, and knowledge (Crystal, 2003, 16).

Language is a complex system of communication that involves the use of symbols, sounds, and gestures to convey meaning. It is a dynamic and ever-evolving system that is constantly influenced by cultural, social, and historical factors. Language allows us to share and interpret information, form connections with others, and express our thoughts and feelings. Without language, it would be impossible for us to communicate effectively and engage in meaningful interactions with one another (Pinker, 1994, 82).

aspects of language is understanding. Understanding involves the ability to grasp and interpret the meaning of words, phrases, and gestures in a particular language. It also involves the capacity to comprehend the context in which language is used, as well as the underlying intentions and emotions of the speaker or writer. Understanding is essential for effective

communication, as it enables us to make sense of the messages we receive and respond appropriately. Language through understanding serves as a powerful tool for building connections and fostering empathy among individuals. When we take the time to truly understand the perspectives, cultures, and experiences of others through their language, we are able to break down barriers and create a sense of common ground. By engaging in active listening, asking questions, and seeking clarification, we can deepen our understanding of others and cultivate meaningful relationships based on mutual respect and empathy (Chomsky,1957,38).

understanding language can open up a world of opportunities for personal growth and self-expression. Language allows us to articulate our thoughts, feelings, and experiences in a way that is unique to us as individuals. Through language, we can explore our identities, share our stories, and connect with others on a deeper level. Language through understanding also enables us to access a rich tapestry of knowledge and ideas that have been passed down through generations, allowing us to learn from the wisdom of those who came before us (Gumperz, 1972, 33).

In today's globalized world, the ability to understand and communicate in multiple languages is becoming increasingly important. Multilingualism not only enhances our cognitive abilities and problemsolving skills, but it also opens up a wealth of opportunities for personal and professional growth. As the world becomes more interconnected, the ability to speak multiple languages can give individuals a competitive edge in the job market, as well as facilitate cross-cultural understanding and collaboration (Tomasello,2003,76).

1.4 Creating a Low-Anxiety Environment

In today's fast-paced and high-stress world, creating a low-anxiety environment is essential for maintaining mental health and overall well-being. Whether it be at home, in the workplace, or in social settings, reducing anxiety can lead to increased productivity, improved relationships, and a greater sense of peace and contentment. There are several strategies that can be employed to create a low-anxiety environment and promote mental wellness (Spada,2006,94).

First and foremost, it is important to establish a sense of safety and security in the environment. This can be achieved by ensuring that the physical space is clean, organized, and free from hazards. Creating a clutter-free environment can help to reduce feelings of overwhelm and promote a sense of calm. Additionally, ensuring that the environment is well-lit and well-ventilated can also contribute to feelings of comfort and r In addition to the physical environment, it is also important to consider the social and emotional aspects of creating a low-anxiety environment. This may involve setting clear boundaries with others, practicing effective communication skills, and fostering positive relationships. Creating a supportive and understanding atmosphere can go a long way in reducing anxiety and promoting mental well-being (Sypeck, 2004, 27).

Another key aspect of creating a low-anxiety environment is promoting self-care and stress management techniques. This may involve encouraging healthy habits such as regular exercise, proper nutrition, and adequate sleep. Additionally, incorporating relaxation techniques such as deep breathing exercises, meditation, or yoga can help to reduce stress and promote a sense of inner peace. Furthermore, it is important to foster a culture of openness and transparency in the environment. Creating a safe space for individuals to express their thoughts and feelings without fear of judgment can help to alleviate anxiety and promote mental wellness. Encouraging open communication and constructive feedback can also help to build trust and foster a sense of community in the environment (Kabat,2003,19).

Creating a low-anxiety environment is essential for promoting mental health and well-being. By establishing a sense of safety and security, nurturing positive relationships, promoting self-care and stress management techniques, and fostering a culture of openness and transparency, individuals can create a space that promotes peace, comfort, and contentment (Burns, 2006, 34).

Chapter Two

2.1 The Natural Approach and Communication

The Natural Approach is a language teaching method developed by Stephen Krashen and Tracy Terrell in the late 1970s. This approach emphasizes the Importance of communication in the language learning process, focusing on making Comprehension easy and natural for learners. The Natural Approach is primarily Centered around two key principles: exposure to meaningful language input and the Importance of affective factors in learning (Krashen, 1982:45).

In this method, the primary objective is to acquire a language rather than to learn About it explicitly through grammar and rules. The focus is placed on understanding And communicating in the target language rather than rote memorization of Vocabulary or grammar structures. Teachers using the Natural Approach create a Low-anxiety environment, which is crucial for effective language acquisition. This is Deeply rooted in Krashen's Input Hypothesis, which posits that learners move Through a natural order of language acquisition when they receive input that is Slightly above their current level, often referred to as "i+1."(Terrell,1995:67).

Communication plays a pivotal role in the Natural Approach. Classrooms are Designed to foster interaction among students, allowing them to use the language in Real communicative scenarios. Activities such as storytelling, role plays, and Cooperative learning exercises are typical, enabling learners to practice the language In context. For example, during a role-play activity, students might be asked to Practice ordering food in a restaurant, allowing them to use relevant vocabulary and Phrases in a practical situation (Swain, 2005:62).

Another critical element of the Natural Approach is the emphasis on listening and Comprehension before speaking. Students are encouraged to understand the meaning of the language before they are expected to produce it, which can significantly reduce anxiety and improve confidence. This is particularly beneficial in recent years, as many educators have recognized the value of classroom environments that prioritize listening

skills, especially online where students may feel less pressure in their learning (Kumaravadivelu, 2006:51).

2.2 Building Speaking Skills Naturally

Building speaking skills naturally is a crucial aspect of effective communication in both personal and professional contexts. The development of speaking abilities does not merely rely on formal education or structured lessons; it often thrives in informal settings and everyday interactions. Firstly, engaging in regular conversations is one of the most effective methods to improve speaking skills(Rojas,2021:56).

Individuals should seek opportunities to converse with friends, family, or colleagues. These discussions not only provide a chance to practice language but also help in building confidence. For instance, participating in community events or joining clubs can offer a conducive platform for social interaction where one can speak spontaneously and improve fluency(Smith,2022:78).

Secondly, active listening plays a pivotal role in speaking improvement. A good speaker is also a good listener. By paying attention to how others articulate their thoughts, one can learn new vocabulary, sentence structures, and effective communication techniques. For example, listening to podcasts or watching TED Talks can expose learners to varied speaking styles while inspiring them to express their ideas more clearly and effectively(Cohen,2023:41).

Moreover, practicing speaking in front of a mirror or recording oneself can be extremely beneficial. This technique allows individuals to observe their body language, pronunciation, and pacing. Feedback from these self-assessments can be invaluable. For instance, noticing a tendency to speak too quickly or too softly can motivate adjustments that lead to clearer communication(Edwards, 2020:98).

Additionally, utilizing technology can facilitate language acquisition and practice. Various applications and online platforms provide interactive environments where one can practice speaking skills through virtual conversations and language exchanges. Such tools often incorporate instant feedback, which is essential for continuous improvement. Lastly, the importance of a supportive environment cannot be overlooked. Encouragement from peers and mentors fosters a positive atmosphere that motivates individuals to practice more frequently. Groups focused on public speaking, like Toastmasters, offer a structured yet friendly environment where individuals can elevate their speaking skills through constructive feedback and practice sessions(Parker,2023:11).

2.3 Comprehension

Comprehension is a vital aspect of language learning and communication. It refers to the ability to understand and interpret spoken and written language effectively. In language teaching, comprehension skills are crucial for students to comprehend texts, follow instructions, engage in conversations, and communicate with others. There are two main types of comprehension: listening comprehension and reading comprehension(Richards, 2002:61).

Listening comprehension involves understanding spoken language, including conversations, lectures, presentations, and audio materials. It requires students to listen actively, analyze information, identify key points, and make meaning out of the spoken input. By developing strong listening comprehension skills, students can understand verbal communication in real-life situations, engage with different speakers, and improve their overall language proficiency(Ibid).

Reading comprehension involves understanding written language, including books, articles, reports, and other textual materials. It requires students to read attentively, comprehend main ideas, infer meaning from context, and analyze information presented in the text. By developing strong reading comprehension skills, students can access and interpret written information effectively, expand their vocabulary, and enhance their critical thinking abilities(Lightbown, 2013:88).

There are several strategies that teachers can use to improve students' comprehension skills in language learning. These include providing contextual clues, summarizing information, asking questions, highlighting key points, and engaging students in discussions. By incorporating these strategies into language instruction, teachers can help students develop their comprehension abilities and become more proficient in listening and reading(Ibid).

2.4 Practical Strategies in Speaking Skills

Speaking skills are essential for effective communication in any language. In language teaching, it is important for students to develop their speaking abilities to express themselves clearly, interact with others, present ideas, and engage in conversations. There are several practical strategies that teachers can use to help students improve their speaking skills in the classroom. One practical strategy is to provide opportunities for speaking practice. Teachers can create communicative activities, such as role-plays, group discussions, presentations, and debates, that encourage students to speak in a meaningful context. By engaging in speaking activities, students can practice their speaking skills, build confidence, and develop fluency in verbal communication(Swain,1985:321).

Another strategy is to focus on pronunciation and intonation. Teachers can incorporate pronunciation drills, listening exercises, and speaking tasks that help students improve their pronunciation, intonation, and overall speaking clarity. By paying attention to pronunciation and intonation, students can enhance their oral communication skills and sound more natural when speaking(Nunan,2003:46).

Additionally, teachers can provide feedback and correction on students' speaking performance. By giving constructive feedback, highlighting areas for improvement, and correcting errors, teachers can help students refine their speaking skills and become more accurate and fluent speakers. Feedback is essential for guiding students towards speaking proficiency and helping them overcome challenges in their language learning(Ibid).

Teachers can integrate technology into speaking practice. Online platforms, voice recording tools, video conferencing, and language learning apps can be used to facilitate speaking activities, provide opportunities for language practice outside the classroom, and enhance students' speaking proficiency. By leveraging technology, teachers can create interactive and engaging speaking tasks that motivate students to

practice speaking and improve their communication skills(Bygate, 1987:34).

Practical strategies in speaking skills are essential for helping students develop their oral communication abilities, express themselves effectively, and engage in meaningful interactions. By incorporating speaking activities, focusing on pronunciation and intonation, providing feedback, and using technology in language instruction, teachers can support students in improving their speaking skills and becoming confident and proficient speakers(Ibid).

2.5 The Importance of Interaction

Interaction is a key component of language learning and communication. It refers to the exchange of information, ideas, and emotions between individuals through verbal and non-verbal communication. In language teaching, interaction plays a crucial role in facilitating language acquisition, building relationships, promoting collaboration, and creating meaningful learning experiences for students(Brown,2007:619).

One of the main advantages of interaction in language learning is that it provides opportunities for students to practice and improve their language skills in authentic contexts. Through interactions with teachers, classmates, native speakers, and language partners, students can engage in conversations, ask questions, receive feedback, and use language in real-life situations. Interaction helps students develop their speaking, listening, reading, and writing skills, enhance their vocabulary, and build confidence in using the language(Ibid).

Interaction fosters social and emotional connections among students, promotes a sense of belonging and community in the classroom, and creates a supportive learning environment. By engaging in collaborative activities, group discussions, pair work, and team projects, students can develop interpersonal skills, practice cooperation and teamwork, and build friendships with their peers. Interaction enhances students' motivation, engagement, and enjoyment in language learning, leading to positive learning outcomes(Vygotsky,1978:55).

Interaction provides opportunities for cultural exchange, cross-cultural communication, and intercultural understanding. Through interactions with speakers of different languages, students can learn about diverse cultures, traditions, customs, and perspectives. Interaction promotes cultural awareness, diversity, and tolerance, and helps students develop empathy, respect, and appreciation for cultural differences. By engaging in cross-cultural interactions, students can broaden their worldview, expand their horizons, and become global citizens who are open-minded and inclusive(Ibid).

2.6 Prioritizing Communication Over Grammar Rules

In language teaching, there is an ongoing debate about the balance between teaching grammar rules and focusing on communication skills. While grammar is an essential component of language learning, prioritizing communication over grammar rules can be beneficial for students in developing their language proficiency and communicative competence. By emphasizing communication, teachers can help students focus on using language effectively in real-life situations, engaging in meaningful interactions, and achieving their language learning goals(Krashen,1982:28).

Reasons for prioritizing communication over grammar rules is that language is primarily used for communication and interaction. In everyday life, people use language to convey messages, express thoughts and feelings, ask questions, give explanations, and engage in conversations. By focusing on communication, teachers can help students develop their speaking, listening, reading, and writing skills, improve their fluency and accuracy, and become effective and confident communicators(Ibid).

Prioritizing communication can enhance students' motivation and engagement in language learning. When students are encouraged to communicate and express themselves, they become more actively involved in the learning process, develop a sense of ownership and agency over their learning, and feel empowered to use language creatively and purposefully. By creating authentic and interactive learning experiences that prioritize communication, teachers can motivate students to practice language skills,

collaborate with others, and take risks in using the language(Renandya, 2002:19).

Communication fosters language acquisition and fluency. By engaging in conversations, discussions, debates, presentations, and other communicative activities, students can practice using language in context, apply grammar rules in meaningful ways, and internalize language structures naturally. Communication activities provide opportunities for students to use language creatively, experiment with different language forms, and develop their linguistic competence in a dynamic and interactive way(Lund,2005:30).

Prioritizing communication over grammar rules can help students overcome language barriers and build confidence in using the language. When students focus on communicating their ideas, thoughts, and opinions effectively, they become less inhibited by grammar mistakes, errors, or language proficiency levels. By encouraging students to communicate freely and express themselves without fear of making mistakes, teachers can create a supportive and inclusive learning environment that promotes language fluency, autonomy, and self-expression(Ibid).

Chapter Three

3.1 The Natural Approach in Practice

The Natural Approach is a language teaching methodology developed by Stephen Krashen and Tracy Terrell in the 1980s. This approach emphasizes the importance of natural communication skills and acquisition over formal grammar instruction, believing that language acquisition occurs through meaningful interactions rather than through explicit teaching(Terrell,1983:25).

One of the key principles of the Natural Approach is comprehensible input, which refers to language that learners can understand despite not knowing all the words and grammatical rules. Teachers using this approach provide students with input that is slightly above their current proficiency level, challenging them to progress gradually. This is typically achieved through activities such as listening exercises, reading texts, and conversations in the target language. By exposing students to comprehensible input, teachers help them develop their language skills naturally, much like how children acquire their first language(Krashen, 1982:46).

The Natural Approach also emphasizes the importance of low-anxiety environments for language learning. Students are encouraged to take risks and make mistakes without fear of judgement, as this is seen as a crucial part of the learning process. Teachers create supportive atmospheres where students feel comfortable expressing themselves and experimenting with the language. This approach helps students build confidence in their language skills and motivates them to continue learning(Lightbown,2013:88).

Another key aspect of the Natural Approach is the focus on communication and task-based activities. Rather than drilling grammar rules or vocabulary lists, teachers design activities that require students to use the language in meaningful ways. This could include role-plays, group discussions, problem-solving tasks, and creative projects. By engaging in authentic communication, students are able to practice their language skills

in real-life situations, making their learning more relevant and practical(Brown, 2007:79).

The Natural Approach advocates for the use of the target language as much as possible in the classroom. Teachers encourage students to communicate in the target language during lessons, even if they make mistakes or struggle to find the right words. This immersive environment helps students become more comfortable using the language and improves their fluency over time. By promoting consistent exposure to the target language, teachers enable students to internalize the language structures and develop their communicative competence(Larsen, 2000:14).

3.2 Creating a Natural Language Classroom

Language is an essential part of human communication and plays a crucial role in learning and education. To effectively teach language, it is important to create a natural language classroom environment where students can develop their language skills in a supportive and engaging way. One of the first steps in creating a natural language classroom is to focus on communication rather than rote memorization. Language learning is most effective when students are given opportunities to practice speaking, listening, reading, and writing in authentic contexts. This can be achieved through activities such as group discussions, role-playing exercises, and real-world tasks that require students to use the language in meaningful ways. By providing opportunities for students to communicate naturally, they can develop their language skills in a more organic and holistic manner (Brown, 2007:66).

Another important aspect of creating a natural language classroom is to foster a supportive and collaborative learning environment. Language learning can be a challenging and sometimes intimidating process, and students need to feel comfortable taking risks and making mistakes in order to progress. Teachers can create a positive learning environment by encouraging students to support each other, providing constructive feedback, and celebrating successes. By creating a sense of community in the classroom, students can feel more motivated and engaged in their language learning journey(Richards, 2014:43).

In addition to promoting communication and collaboration, creating a natural Language classroom also involves integrating cultural elements into the curriculum. Language is closely tied to culture, and understanding the cultural context of a Language can help students develop a deeper appreciation and understanding of the Language itself. Teachers can incorporate cultural activities, readings, and Discussions into the curriculum to help students gain insight into the customs, Traditions, and values of the target language. By exposing students to different Cultural perspectives, they can develop a more well-rounded and nuanced Understanding of the language they are learning(Nunan, 2004:17).

Technology can also play a valuable role in creating a natural language classroom. With the rise of digital tools and resources, teachers can incorporate technology into Their lessons to enhance the language learning experience. Interactive websites, Language learning apps, and multimedia resources can provide additional Opportunities for students to practice and reinforce their language skills outside of The classroom. In addition, technology can help teachers differentiate instruction, Track student progress, and provide personalized feedback to support student Learning. By leveraging technology effectively, teachers can create a more dynamic And engaging language learning experience for their students(Warschauer,2000:84).

Creating a natural language classroom requires a commitment to ongoing Professional development and reflection. Language teaching is a dynamic and evolving field, and teachers need to continuously hone their skills, incorporate new ideas and strategies, and reflect on their practice to best support their students. By attending workshops, conferences, and training sessions, teachers can stay current on best practices in language teaching and learn from their peers. Additionally, teachers can collaborate with colleagues, seek feedback from students, and engage in self-assessment to continuously improve their teaching practices and create a more effective language learning environment(Thornbury,2016:271).

3.3 The Role of the Teacher

The role of a teacher is pivotal in shaping the educational experiences of students and providing the foundation for their future success. Teachers fulfill various responsibilities, ranging from imparting knowledge and skills to fostering social and emotional development in students. One of the primary roles of a teacher is to deliver knowledge and instruction. Teachers present information in a way that is engaging and accessible, adapting their methods to cater to diverse learning styles. For instance, a science teacher might incorporate hands-on experiments to illustrate complex concepts, while a language arts teacher may use storytelling to enhance literacy skills. This adaptability not only facilitates understanding but also encourages critical thinking and creativity among students(Johnson,2021:56).

Teachers also act as mentors and guides. They provide support and encouragement to students, helping them navigate their academic journeys and personal challenges. By fostering a positive and inclusive classroom environment, teachers create a safe space where students feel comfortable expressing themselves. This mentorship often extends beyond academic subjects, as teachers play a crucial role in developing social skills and emotional intelligence. For example, by promoting teamwork through group projects, teachers cultivate collaboration and interpersonal skills among peers(Smith,2019:80).

In recent years, the role of teachers has evolved to include the integration of technology in education. With the rise of online learning platforms and educational apps, teachers are now tasked with not only delivering traditional lessons but also incorporating digital tools to enhance learning experiences. For instance, during the COVID-19 pandemic, educators adapted to remote teaching, utilizing platforms like Zoom and Google Classroom to maintain connection with students. This shift has highlighted the importance of teachers as facilitators of technology, ensuring that students have the skills needed to thrive in a digital world(Patel,2020:21).

Teachers play a vital role in assessing and evaluating student progress. Through formative and summative assessments, teachers identify areas where students excel or require additional support. This continuous feedback loop is essential for fostering improvement and growth, enabling educators to tailor instruction to meet the needs of each student. By maintaining clear communication with parents and guardians about their child's performance, teachers strengthen the educational partnership between home and school(Thompson,2021:38).

3.4 Integrating the Natural Approach into Daily Life

The Natural Approach is a language teaching methodology that emphasizes natural communication and immersion in the language environment rather than a focus on grammar rules and vocabulary memorization. Developed by Stephen Krashen and Tracy Terrell in the 1980s, it is based on the idea that language acquisition occurs more effectively when learners are exposed to language in a context-rich environment. Incorporating the Natural Approach into daily life can significantly enhance language learning for individuals of all ages) Krashen,1983:51).

One primary method of integrating the Natural Approach into daily life is through consistent exposure to the target language in various contexts. This can include listening to music, watching movies, or reading books in the desired language. For instance, a person learning Spanish can listen to popular songs like "Despacito" or watch movies such as "Coco," which naturally introduces vocabulary and sentence structures in context rather than isolated drills. This engagement with authentic materials fosters a deeper understanding and helps learners pick up phrases and colloquial expressions naturally (Weber, 2021:75).

Another effective strategy is through conversation practices with native speakers or other learners. Online language exchange platforms such as Tandem and Hello Talk facilitate real-time communication, allowing individuals to practice speaking and listening in a low-pressure environment. For example, a person can set aside time each week for a video call with a language partner to discuss their interests, enhancing imagination and fluency in a natural setting(Cohen, 2021:200).

Incorporating language learning into daily routines is essential. Simple actions like labeling household items in the target language or journaling about daily experiences can make the language a more integral

part of everyday life. By writing about simple activities, learners can practice vocabulary relevant to their personal experiences while reinforcing their language skills. Incorporating children into this learning process is also crucial. For parents raising bilingual children, speaking to them exclusively in the target language during specific times of the day can enhance their language acquisition. For example, a family can designate "Spanish-only Sundays" where all activities, from meals to games, are conducted in Spanish, thereby creating a playful and immersive learning environment(Layne,2022:432).

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